



**Welcome to Worship at Albemarle Valley United,
an Affirming Congregation.**

Your presence here makes a difference.

February 4th, 2018

Making a life giving difference is the heart of community at Albemarle Valley United Church. We ask you to bring your culture, your whole self---we want to engage in truly mutual relationships. Accept Connect Emerge.

Prayer Cycle: Rev. Robert Brinn and the congregation at the Union Bay Community Church

Upcoming Meetings & Gatherings:

Feb. 6	Yoga class	10:30 am
	Bible Study	2:30 pm
Feb. 7	Outreach meeting	1:00 pm
Feb. 8	The Prophets Bible Study	1:00 pm
Feb. 12	Family Day (office closed)	
Feb. 13	Council Meeting	4:30 pm
Feb. 14	Ash Wednesday	5:00 pm
Feb. 15	Wholeness Connection mtg.	6:00 pm

Thank you to Doug & Bill & Paul for installing the new lights in the kitchen. It has brought our lighting up to code. They were paid for out of the coffee fund.

Bread of Life needs: packaged gravy and sauces. Thank you!

The Twelve minor **Prophets** are dynamic little books in the Bible. Come read and discuss them starting Thursdays, 1-2:30 pm.

Gentle Yoga Classes with Mary Heatherington continues, Tuesdays at 10:30 am. Cost: by donation.

AEROBICS with Julie – Monday, Tuesday and Thursday at 6:45pm, Come and give it a try! Cost is by donation!

To AVUC,

I want to thank you all for being so kind. Bringing all the good cookies and other things for me. Thank you so much. Love to all, Edith (McLean)

Save the date March 3rd we are hosting a workshop to strengthen communication.

Opportunity - Rev. Minnie is looking for people to make simple paper prayer journals for the Lenten season. Would you like to help? It will be fun?

Volunteer Opportunity - It's time to refresh the AVUC Marketing plan. AVUC's Marketing plan was written by Dewayne in 2009. It's time to fully implement that plan. Do you have marketing skills you'd like to share? Do you know someone who loves marketing, branding, and getting the word out about awesome events and venue opportunities? Please talk to Minnie or Dewayne.

The first Sunday of Lent is Feb. 18, 2016. The Worship Series is "Listen to the still small voice within." Each Sunday will feature a time called *Appointment with God*. There will be prayer centers in the sanctuary. Watch for more information.



Bisexual: A person whose primary sexual and affectional orientation is toward people of the same and other genders, or towards people regardless of their gender.

What is the most meaningful part of AVUC Sunday Worship?

People say that it is:

- Acknowledgment of Territory & prayer in Nuu-chah-nulth – they communicate inclusivity/diversity
- Sung Lord's prayer
- Our openness is refreshing
- The Benediction – not because it's the end, but I need to feel God's blessing.

George Pringle Memorial Camp Society
Notice of 2018 Annual General Meeting
Sunday, February 25th, 2 pm
Camp Pringle, 2520 West Shawnigan Lake Road

ROTATIONS

	February 4	February 11	February 18
Greeters/ Ushers	Donna Walter & Raena & Brynn	Liz Parfitt	Lois & Dennis Andow
Worship Asst.	Mary Heatherington	Ann McMillen	Doug Havard
Coffee	Choir & Worship	Property & Maint.	Outreach
Offering Counters	Anne Gray & Dennis Andow	Doreen Grant & Lillian Robinson	Jim Phillips & Des Irwin
Ministry Minute	Trustees (Dennis Andow)	Council (Mike)	Live Stream & Tech (Dewayne Parfitt)

Minister: Rev. Minnie Hornidge

Church Accompanist: Ellen Vander Putten;

Choir director: Brenda West; *HandBells Director:* Mike Villette;

Children's Worship: Dana Walter, Katherine Lloyd, Christel Fong & Linda Porter;

3747 Church Street, Port Alberni, BC, V9Y 1T5 Phone 723-8332

Email: avunitedchurch@shaw.ca Website: <http://www.albernivalleyuc.com>

Facebook: <https://www.facebook.com/albernivalleyuc>

Church Office Hours: Monday to Friday, 9 am to 1 pm

Alberni Valley United Church
February 4th, 2018
5th Sunday after Epiphany

WE GATHER

Acknowledgment of Territories

Welcome to Worship, Ministry Minute and Celebrations

Call to Worship

Opening Prayer

We rise to sing: Come in Come in and Sit Down

VU 395

Opening Prayer

Time with the young and the young at heart

We rise to sing: What Does the Lord Require of You

VU 701

Prayer of Confession & Words of Assurance

We remain seated to sing: Take, O Take Me as I am

MV 85

WE LISTEN FOR THE WORD OF GOD

Scripture:

Isaiah 40:21-31

Psalms 147 (Part One)

VU pg. 868

1 Corinthians 9:16-25

Mark 1: 29-39

We remain seated to sing: Spirit God be Our Breath

MV 150

Sermon: On Eagle's Wings

We rise to sing: When I Needed a Neighbour

VU 600

WE RESPOND

Praying for Others and Ourselves

The Prayer of Jesus

VU 959

Sharing our Gifts

Presentation Hymn: We rise: Let Us Break Bread Together

VU 480

Blessing the gifts

The Sacrament of Holy Communion

Prayer after Communion

WE GO FORTH

We rise to sing: Sent Forth by God's Blessings

VU 481

Blessing