

**Welcome to Worship at Alberni Valley United,
an Affirming Congregation.**

Your presence here makes a difference.

January 28th, 2018

Making a life giving difference is the heart of community at Alberni Valley United Church. We ask you to bring your culture, your whole self---we want to engage in truly mutual relationships. Accept Connect Emerge.

Prayer Cycle: Minister Karen May and the congregation of Texada Island United Church.

Upcoming Meetings & Gatherings:

| | | |
|---------|----------------------------|----------|
| Jan. 30 | Yoga class | 10:30 am |
| | Bible Study | 2:30 pm |
| Feb. 1 | Pastoral Care meeting | 10:00 am |
| | The Prophets Bible Study | 1:00 pm |
| Feb. 7 | Outreach meeting | 1:00 pm |
| Feb. 12 | Family Day (office closed) | |
| Feb. 14 | Ash Wednesday | 5:00 pm |

Bread of Life needs: Broth, muffin tins, oven mitts, an anti-fatigue matt. Thank you!

The Twelve minor **Prophets** are dynamic little books in the Bible. Come read and discuss them starting Thursday, February 1st, 1-2:30 pm.

Gentle Yoga Classes with Mary Heatherington start **January 30** at 10:30 am. Cost: by donation. Please note the date change. Come and Give it a try! Bring a mat (if you don't have a mat we'll provide one for you to use), a thin blanket, and your water bottle

AEROBICS with Julie – Monday, Tuesday and Thursday at 6:45pm, Come and give it a try! Cost is by donation!

Thank you so much to the many who gave of their time and talents to make our Ukrainian Dinner such a success. Thank you also to everyone who supported us by attending.

Save the date March 3rd we are hosting a workshop to strengthen communication.



Sex: a categorization based on the appearance of the genitalia at birth.
Asexuality: Generally characterized by not feeling sexual attraction or a desire for partnered sexuality.

What is the most meaningful part of AVUC Sunday Worship?

People say that it is:

- the coming together, and community support to all from far and near.
- prayers and listening to God
- the opportunity to be asked hard questions
- listening to the children playing and their story time

ROTATIONS

| | January 28 | February 4 | February 11 |
|----------------------|-------------------------------|---------------------------------|------------------------------------|
| Greeters/ Ushers | Sandra Simpson & Anne Gray | Donna Walter & Raena & Brynn | Liz Parfitt |
| Worship Asst. | Carol Korven | Mary Heatherington | Ann McMillen |
| Coffee | Stewards & Trustees | Choir & Worship | Property & Maint. |
| Offering Counters | Bill Irwin & Doreen Grant | Anne Gray & Dennis Andow | Doreen Grant & Lillian Robinson |
| Ministry Minute | Bible Study (Jim Phillips) | Trustees (Dennis Andow) | Live Stream & Tech. (Dewayne) |

Minister: Rev. Minnie Hornidge

Church Accompanist: Ellen Vander Putten;

Choir director: Brenda West; *HandBells Director:* Mike Villette;

Children's Worship: Dana Walter, Katherine Lloyd, Christel Fong & Linda Porter;

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Email: avunitedchurch@shaw.ca Website: <http://www.albernavalleyuc.com>

Facebook: <https://www.facebook.com/albernavalleyuc>

Church Office Hours: Monday to Friday, 9 am to 1 pm

Alberni Valley United Church
January 28th, 2018
4th Sunday after Epiphany
Heritage Hymn Sunday

WE GATHER

Acknowledgment of Territories

Welcome to Worship, Ministry Minute and Celebrations

Call to Worship

We rise to sing: Holy, Holy, Holy VU 315

Opening Prayer

We rise to sing: What Does the Lord Require of You VU 701

Time with the young and the young at heart

We rise to sing: How Great Thou Art (O Lord My God) vs.1,2,4 VU 238

Prayer of Thanksgiving and Praise

We sing: Thank You

WE LISTEN FOR THE WORD OF GOD

Scripture:

Psalm 111

Mark 1:21-28

We remain seated to sing: Spirit God be Our Breath MV 150

Sermon: God Outside the box

We rise to sing: Amazing Grace VU 266

WE RESPOND

Prayers for people

The Lord's Prayer (spoken) VU pg. 916

Sharing our Gifts

Presentation Hymn: We rise: Praise God from Whom All Blessings Flow VU 541

Blessing the gifts

WE GO FORTH

We rise to sing: Be Thou My Vision vs 1,2,4,5 VU 642

Blessing

